

ABSTRACT

For a method for inspecting in vivo migration of fat soluble vitamins and/or fat soluble food factors in the ingestion of a drug or a health supplement, it is necessary to use saliva as a specimen, to contact a saliva collecting tool with a certain amount of saliva to absorb for collection, and to select a solvent for efficient extracting a measurement target component from the saliva collecting tool. The findings completed the present invention. Accordingly, there are provided a method for inspecting in vivo migration of fat soluble vitamins and/or fat soluble food factors in the ingestion of a drug or a health supplement, comprising using saliva as a specimen to determine; the property of a saliva collecting tool; and a method for extracting from the saliva collecting tool.